### Important Dates

#### Important Dates For 2015

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#### Term Dates For 2015

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#### Term Dates For 2016

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From The Principal

Dear Parents, Staff and Friends

It is great to be back from my long service leave. I certainly feel refreshed and ready to go. I thank Mr Gerard Marsh for his leadership over the four weeks that I was away from school. I arrived back to a school that was calm and where the children are working well and where their learning is being enhanced by the great teaching staff at CTK.

Our teachers had a very successful day on Monday engaging in professional dialogue with colleagues from our South West cluster of schools. Once again I would like to publicly congratulate our staff for the time and commitment that they give to ensure that your children receive quality education based on contemporary teaching and learning practices. Our wonderful support staff were also engaged in professional development here at CTK to ensure that classrooms and students are well supported.

Enrolments 2016

We are currently taking Enrolment Applications for Years 1-6, 2016. Should you have friends/family interested in obtaining a position, kindly direct them to our website or the office. If your child is not returning to CTK for the 2016 school year, please advise the school office immediately if you have not already done so.

Preparation for 2016 – Class Groupings

There is much on our “To Do” lists in the next few weeks. One of these tasks is to organise class groups for next year. In the spirit of partnership - sharing understandings, communicating needs and respecting professional and personal insight - your input is welcome and shall be considered. Our main source will be recommendations from your child’s current teachers.

I ask that should you wish to – please put any information about your child’s learning styles, social and emotional needs, strengths and challenges in writing to me, as Principal. Requests for specific teachers will not be considered. Could you please have this written communication sent via email (twalsh@bne.catholic.edu.au) or paper copy to the school office by Monday November 2.

Have a peace-filled week.

Trudy Walsh

APRE

POSITIVE HABITS

Here are seven positive habits to develop in children.

1. **SLEEP** - Make sure they get enough sleep: Children need between 10 and 12 hours’ sleep to enable proper growth and development, while teenagers need a minimum of nine hours.

2. **EXERCISE** - Encourage your kids to exercise:

Exercise stimulates the chemicals that improve mood and release the stress that builds up over a day. An hour’s movement per day seems the minimum for kids.

3. **SPACE** - Provide a space of their own: Children of all ages benefit from having some space of their own where they can think.
4. **TALK** - Talk about their troubles. Talking about what’s worrying you is a great way to remove the burden of worry and reduce anxiousness.

5. **RELAX** - Help them relax: Make sure your child has a hobby or activity that relaxes them.

6. **HELPING** - Foster volunteering and helpfulness: Helping others reinforces social connectedness and the importance of being part of a community, as well as providing opportunities for positive recognition.

7. **FUN** - Bring fun and playfulness into their lives: Kids should be the kings and queens of play.

**WALKING WHEELING WEDNESDAY**

Today was our last Walking Wheeling Breakfast for the year. The breakfasts have been well attended all year and are a great opportunity for children to meet together socially and enjoy each other’s company.

I would like to take this opportunity to thank our sponsors, Nicole Johnston, our local councillor who not only provides the fruit and drinks but is always present to support the event. The Returned Services Club of Sherwood have provided the meat and pancakes for the year.

A special thank-you to Mr Conway, our ever reliable cook, Mrs Fannin who gives up her mornings to help children serve the food and our enthusiastic Year 6 students who serve and then clean up.

I believe the breakfasts are successful and I thank you for your support.

**Around CTK**

**Nude Food Day 2015 Tuesday October 27 is Nude Food Day**

Excitement is mounting as we get closer to National Nude Food Day! Please ensure all students arrive with a healthy, rubbish free morning tea and lunch.

You can find more information about Nude Food lunches by following this link - Information for Parents. There are also healthy Nude Food lunch ideas at [www.nudefoodday.com.au/resources/](http://www.nudefoodday.com.au/resources/).
Let's come together to show our support towards healthy eating and waste reduction.

**NUDEFOOD DAY**

What is Nude Food? **Nude Food** is simply food that is not wrapped in foil, plastic or commercial packaging. The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly. Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

**Tips for Packing Nude Food Lunches:**

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own vegie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.

**To pack a Nude Food Lunch or Snack, you will need:**

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

**Try to avoid:**

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

**Book Club**

Are you looking for some great Christmas stocking fillers? The last book club catalogues for the year have been sent home, and this is a great way to avoid the shops and support your school at the same time. There are two ways to order. You can do order online, or you can fill out the form and return it with your cash or cheque to the office.

The books are usually sent home with the children when they arrive, but if you are buying some surprises and would prefer to collect your order from the library, please send an email to lmcunningham@bne.catholic.edu.au to let me know, and I will hold your order at the library to collect. Please have all orders into the office or lodged online by Thursday October 29.

Thank you for supporting your school library.
University of NSW Tests

Congratulations to the following students for their achievements in the NSW Mathematics Competition:

Merit: Joanna Manthey

Credit: Hamish Thorn, Byron Craig, Mason Connelly, Joseph Beck, Grace Bamford, Ella Jackson, Hannah Manton, Elise Manton, Edward Brownlee, Amelia Manthey, Clinton Tram Bui,

Distinction: Dominic Fitzgerald, Tiana Ebzery,

High Distinction: Brontee Fleming

Woolworths Earn and Learn

Thanks to everyone who collected Earn and Learn stickers. This promotion has now closed. We look forward to receiving the free resources obtained from this promotion.

Talent Quest

The annual school Talent Quest will be held on Tuesday November 17. Nominations were due last Thursday October 15. Further information about auditions will be sent out in the coming weeks. Until then, keep working on your acts.

Debating

Last Wednesday evening, Lara Kenny, Matthew Hayes, Patricia Consoli, Elizabeth Nolan, Evie Rutherford and Georgina Williams took the floor against our opponents Somerville House and Chapel Hill State School in our final QDU debate. The battle was fierce and the debaters fought gallantly with their words. We lost by a narrow margin but won the admiration of the audience. Congratulations to all our debating students on the time, effort and enthusiasm that you put into this activity. Thank you also to Oliver Cook and Sophie Roach who were time keepers, and the parents and siblings who ventured out to support the students.
Dear Year 5 and Year 6 Parents,

Greg Rowell, a former Australian cricket player and a parent at our school, has offered to coach our boys in a free cricket session. Together with two young players from the Western Suburbs District Cricket Club, the coaches will practice various cricket skills and drills. Both myself and Mr Gerard Marsh will be there during the session to supervise and then we will walk the boys to school.

Where: Graceville Oval cricket nets
When: Tuesday 27th October at 7:30 am
All equipment will be supplied, boys are just to wear their sports uniform and bring a water bottle.

If you are interested, please return the following form to school by Thursday 22nd October. Any queries please don’t hesitate to contact me at tgrambower@gmail.com

Kind regards
Tanya Grambower

Yes I would like my son to attend the cricket clinic.
Son’s name ____________________
Parent signature _______________________

Teaching and Learning at CTK

There is a lot of information to take in from the Kids Matter information sheet and when reading through be open to suggestions applicable for your situation. Much of the information reinforces what we do naturally as parents and teachers. It is affirming to name our actions and be reminded of why our interactions are so important and influential.

Key ideas include spending quality time with your children to talk about feelings. Helping your child to identify their feelings by naming emotions and being aware of physical indicators assists children to self manage their feelings. Active listening is another key component of communication essential to supporting the emotional wellbeing of children.
Understanding behaviour

Starting school involves a big change for your child. It is normal for children to have strong feelings as they start to think about these changes, such as excitement about the prospect of going to school as well as nervousness about what lies ahead. Your child may also be feeling sad or angry about leaving early childhood education and care. This includes letting go of relationships formed with educators and other children, as well as a change to their familiar routines.

Some common feelings children have during transition to school can include:
- excitement
- sadness
- anger
- anticipation
- fear or anxiety.

Understanding and helping your child to handle the feelings associated with starting school will help to reduce their stress and can provide them with positive coping strategies.

Common behaviours

Young children often have difficulty explaining in words how they feel. Instead they may show their feelings through their behaviour. Some behaviours may be easier to spot like tantrums and crying, while others may be more difficult to notice like being quieter than usual. During the transition to school you may notice the following behaviours emerge or increase in frequency:

- clinging behaviour (eg not wanting to separate from you)
- restlessness (eg difficulty settling at activities, easily distracted, fidgeting)
- withdrawing (eg not participating in familiar activities, less engaged, less willing to persist)
- being anxious (eg shyness, fidgeting, stomach aches, needing excessive reassurance around the routines or plans for the day)
- refusing to comply (eg not wanting to follow rules and routines)
- avoidance strategies (eg increased negotiations around participation)
- planning and organisation difficulties (eg trouble getting started, remembering or finishing tasks)
- increase in crying and tantrums (eg more often or in more situations)
- changes in eating habits (eg loss of appetite, becomes fussy with food, overeating)
- sleep difficulties (eg trouble falling or staying asleep, nightmares)
- regression to younger behaviours (eg bedwetting, thumb sucking, baby talk)
- aggressive behaviours (eg hitting, kicking, shouting).

These behaviours are examples of different ways children respond to challenging situations. They are very typical for children within this age group and you have probably already noticed some of these behaviours during other times of change. However, if the behaviours persist or are interfering with your child’s daily life it is a good idea to get further help. (For more information, see the Starting School Getting help when starting school information sheet.)
What these behaviours may communicate

As it can be difficult for children to explain how they are feeling, it is often up to the adults around them to help work out what feelings and emotions may be underlying a child’s behaviour. As parents and carers, you are in the best position to help work out how your child may be feeling. It can be useful to do this in collaboration with your child’s educator and teacher, who will also have a good insight into your child. When you notice these changes in behaviour, you will still need to reinforce or set clear limits for your child while thinking carefully about what it might be telling you. Understanding how your child is feeling and why they are behaving in a particular way can help you work out how to support them, emotionally and practically.

For instance, when you notice a change in behaviour you might ask yourself:

- What is my child feeling?
- Why might they be feeling that way?
- Have they behaved this way before?
- How did I support them previously?

Talking about your child’s feelings

Because of the changes associated with starting school, your child may benefit from some extra nurturing and understanding to help them feel secure and confident. Being open and receptive to how your child is feeling as well as providing comfort and attention when needed will help to support them through these changes.

Spend time with your child

Putting aside some special time with your child will give you an opportunity to talk with them and help them express their feelings about starting school. This can be challenging for parents who are busy with other children or have work commitments, but conversations with your child can take place at any time. It may be within your child’s everyday routines such as having dinner together or driving in the car. It may also be helpful to find times when your child feels most comfortable, such as when they are playing in the park or engaging in their favourite activity (e.g., on the swings or kicking a ball). Finding time during a shared activity will help your child to feel relaxed and comfortable to open up during a conversation with you. Some useful ways to prompt these conversations include:

- sharing a story about when you have started something new (e.g., a job) and some of the feelings you had. This may help your child to feel more comfortable to express how they are feeling
- using open-ended questions that elicit more than yes or no answers (e.g., “What did you like about school during your visit today?”)
- using prompts and encouragement or gestures like smiles and nodding to show your child you are interested in what they are saying.

Sometimes children just aren’t in the mood for talking and that’s okay. Be guided by your child in whether they want to talk, what they want to talk about and for how long. Just being there with your child, sharing an enjoyable activity or having a cuddle can help them feel supported and more at ease at times of change.
Help your child recognise and express their feelings

Labelling feelings is one of the first steps in helping children understand and manage emotions. Once they understand what particular emotions feel like in their body, they can start to use words to describe them and begin to work out how they might manage their feelings. The following tips may be useful:

- Label and name your emotions. This helps children to put a name to the expression you are showing. “I’m so excited to go to the park with you.” “I feel frustrated that I have lost my keys.”
- Help label your child’s emotions. This will help your child match how they are feeling with the name of the emotion. This can be beneficial when your child is not yet able to describe some of their more complex feelings (e.g., worry).
  “I can see that you’re worried about making new friends.”
- Invite your child to describe their feelings.
  “I feel disappointed it’s raining and we can’t go out to play. How about you?”
  “How do you feel when you go to visit Sara?”
- Talk about feelings in stories you read with your child. Pinpoint some of the characters’ feelings and relate them to what is happening in the story.
  “Aisha looks a bit sad about going to school.”
  “How do you think Aisha is feeling about starting school?”

At times, you could extend this to relate it to your child’s own experiences (e.g., “Has this happened to you?” or “Have you felt that way?”) to help your child make links to their own experiences.

Get involved in your child’s play

Children often express their thoughts and emotions through everyday play, drawing, and painting. The use of toys, dolls, animal figures, or dress-ups can help with imaginative play and allow your child to act out a situation that they may be experiencing. Your child may also like to draw or paint a picture (e.g., their new school and teacher). You can then invite your child to talk about the picture. These types of activities can be a great way for your child to express their feelings as long as the focus is not directly on them.

Active listening

Active listening is an important part of talking with your child and can encourage them to express how they are feeling. It helps them to feel that you understand what they are going through.

Active listening involves the following steps:

Stop and give your child your full attention. This may involve moving away from a busy place where there are lots of other people. At a time when you cannot give your child your full attention (e.g., when caring for another child), let your child know that you want to listen and will give them your full attention after you finish. Prioritising time to listen actively to your child will help to show them that their feelings are important.

Look at your child. If possible, get down to their level to show them you are ready to listen.

Listen carefully to what is being said in words and through your child’s body language without interrupting. Listening involves eye contact and nodding where appropriate.

Reflect the feeling. Use the opportunity to respond and gently describe what you think your child is feeling and why. This allows you to check if you have understood what your child is feeling.

Example: Sally and her mum

Mum: “You’ve been sitting very quietly and hugging your teddy bear. It seems like you are feeling sad about something. Would you like to tell me about it?”
Sally: “Ms Kyra won’t be at school.”
Mum: “Are you feeling sad because you will miss Ms Kyra when you go to school?”
Sally: “Yes, and I’m a bit worried about what the new teacher will be like.”

How to start a conversation

- “You seem to be feeling... about...”
- “It looks like you feel... with...”
- “You sound... at...”
- “You seem... because...”

Active listening can be useful not only when starting school but in any situation where your child is experiencing strong emotions. (For more information, see the Starting School, Problem Solving and Coping skills information sheets for useful strategies for responding to difficulties your child may be experiencing.)
For more information

If you would like more information, KidsMatter has produced a range of resources to support your child through early childhood and primary school. The following information sheets related to this topic are available online at www.kidsmatter.edu.au/families/information-sheets

KidsMatter Early Childhood information sheets:
- Everyone feels overwhelmed at times
- Children and emotions: How to help
- Understanding and managing separation distress
- Feelings matter
- Play helps children feel good about themselves

KidsMatter Primary information sheets:
- Why feelings are important
- Making sense of children’s emotions
- How temperament affects feelings
- Serious behaviour difficulties: Suggestions for families

This resource is part of a range of KidsMatter Starting School information sheets for families. View them all online at www.kidsmatter.edu.au/starting-school

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Sports News

Clinics for Years 4, 5 & 6

The Years 4, 5 & 6 students will be participating in sports clinics with Mr Treschman each Monday during Term 4. This is a component of our Health and Physical Education Program.

Years 1, 2 & 3 Swimming:

Swimming continues each Thursday during Term 4 for all students in Years 1, 2 & 3. Swimming lessons are held at Graceville State School Pool. Children walk to and from the pool with their classroom teachers and participate in lessons conducted by staff from Dunlop Park Pool. Children must have their swimmers, swimming cap (given to them on the first day of swimming), sun shirt and sunscreen. Please see your child’s classroom teacher if you have any further questions.

P&F News

P&F AGM AND PARENTING WORKSHOP

P&F Meeting – The next P&F meeting will be held on Tuesday November 10, commencing at 6pm, and will be the Annual General Meeting for the Committee. At this meeting, all P&F positions are spilled and new committee members elected. If you would like to nominate for any of the positions, please either let me know in advance or please come along to the meeting. The P&F is a great way to get involved in the school.

As part of the AGM, the P&F is putting on a FREE parenting workshop. The workshop is run by an external group called Coaction Consultancy, and focuses on our beliefs and behaviours as parents and how these contribute to our children’s sustained, healthy success. In particular, the workshop will explore developing our children to be resilient and adaptable, and to be responsible and self-confident. This should be a great evening, and provide some very useful parenting strategies. Please RSVP to me via email djlonergan@gmail.com or on 0408 175 835.

XMAS CONCERT

The Xmas concert is being held on November 26. As in previous years, the P&F will be running a sausage sizzle for the evening and I am putting a call out now for someone to coordinate the BBQ on behalf of the P&F. We are looking to keep the offering very simple, so coordinating would involve setting up and packing up, ordering and collecting the food and drink (we have a list of what will be provided), and coordinating the volunteers for the BBQ and serving. Don’t worry, you won’t be doing it alone, as I and other members of the committee will be able to provide guidance. Please email me or call me if you are interested.

DAD’S DINNER

We are planning a Dad’s dinner for Saturday December 5, commencing at 7.00pm. Venue is to be decided. Please RSVP to me via email djlonergan@gmail.com or on 0408 175 835.
Tuckshop News

URGENT URGENT URGENT - The Tuckshop needs Volunteers urgently to continue operating. Please contact Amanda on smithamanda@y7mail.com or phone 0468 389 470 if you are able to help.

Uniform Shop News

Orientation Day

The Uniform Shop will be operating for the 2016 Prep Welcome Assembly on November 20 2015. Parents will have the opportunity to purchase uniforms “on-the-day” or take advantage of the “on-line” facility which is available, although new parents may have to personally collect orders when they arrive at school.

The Uniform Shop is open every Friday morning from 8.15am until 9.00am & please remember the Uniform Shop is operated by an amazing group of volunteers who give up their time freely to help the rest of us with our uniform needs.

Happy Birthday

Mackenzie McFadyen 23.10; Mason Connelly 24.10; Perrinne Hamilton & Elizabeth Nolan 25.10; Flynn Havill, David Horricks and Ayesha Wild 26.10; Dean Lagueras 27.10.
Corinda/Graceville Parish

MASS TIMES

St Joseph’s, Corinda
Saturday 6:00 pm, Sunday 8:00 am

Christ the King, Graceville
Sunday 9:30 am and 6:00 pm

St Joseph’s Catholic Church, Cnr Oxley Rd & Martindale St, Corinda.

Christ the King Catholic Church, Churchill Street, Graceville

How to Help Your Child to Understand the Mass - Tuesday October 20 7-9pm Graceville Atrium

(Catechesis of the Good Shepherd) 19 Randolph St, Graceville

A Formation/Prayer Experience that will give you the opportunity to get up close and personal with many hands on materials that can lead you to reflect on how you and your child's
experience of the Mass can be deeper, fuller and more meaningful.
From the age of three and even earlier you can begin to introduce your child to special moments of the Mass. How? Discover the key moments of the Mass that can help your child to understand that the Mass is a marvellous exchange of gifts between heaven and earth. Spend time with the Good Shepherd who calls us all into relationship with Himself and invites us to come to be with Him in a particular way at the Eucharist. This will be an invaluable help to you as parents in the faith formation of your children.

TUESDAY 20TH OCTOBER
7.00pm - 9.30pm
Supper included from 6.30 and afterwards
Graceville Atrium (Catechesis of the Good Shepherd)
19 Randolph St. Graceville
(A donation on the night would be appreciated)
Please let us know if you are able to attend as numbers will be limited due to the amount of space and materials available.
Please RSVP by Friday 16th October to Anne Delsorte

Graceville Atrium 33798635

Community
Brisbane City Council - Honour Avenue Graceville
Suburban Centre Improvement Project

Your're invited to the construction launch on Thursday October 22 from 10am to 12 noon, Corner of Honour Ave and Bank Street, Graceville.
Join Neighbourhood Planning and Development Assessment Committee Chairman, Councillor Amanda Cooper and Tennyson Ward Councillor, Nicole Johnston at a free morning tea to celebrate the launch of construction of the Honour Avenue Graceville Suburban Centre Improvement Project (SCIP).

For further information about Honour Avenue Graceville SCIP, visit www.brisbane.qld.gov.au or phone Council on 3403 8888.

2 SUPERB JAZZ & BLUES BANDS ON THE BOWLS GREEN AT OXLEY!

Dan’s Hot Five

Experience the joy and sounds of the 20’s and 30’s ‘Jazz Age’... when it didn’t matter how down you were the music would always make you feel good about life.

Karen Anderson & the Fortunate Sinners

Join soulful songstress Karen Anderson and her high steppin’, hot blowin’ band for a journey through sweet jazz, soul and blues. This really is a voice not to be missed - sultry, smooth and big!

SUNDAY NOVEMBER 1 11am - 5pm CLUB OXLEY, Englefield Rd., Oxley

fsjb.com.au  fsjb@westnet.com.au  3376 5655

Tickets from $20 Pre paid  All monies raised go to Club Oxley and Rotary

Sherwood Community Festival Association Inc.

www.sherwoodfestival.com

It’s on again!

Sherwood Community Festival is having its 20th birthday party this year and everyone is invited!

This free family event, sponsored by Brisbane City Council and local businesses, packs a punch with plenty of attractions for the whole family: free rides for the children, a rock-climbing wall, a petting farm, plus a fabulous variety of food and market stalls. The live entertainment includes bands, choirs, dance troupes, a roaming Santa, and a nativity play – complete with live camels, of course – plus a whole lot more! And don’t forget the raffle with some amazing prizes.

There will even be a Best Sausage in the Shires competition run by Living in The Shires, with local butchers vying for bragging rights!

The Sherwood Community Festival is a not-for-profit family-friendly event, organised entirely by a team of volunteers who give their time willingly to make it happen. It takes over the entire shopping strip, and this year, to mark its special 20th-birthday milestone, the street will be dressed up with 1000s of balloons.

President of the organising committee Viv Rogers says that every year someone leaves their car parked in the street, seemingly unaware of the frenzied preparations going on around them.
Here’s a tip: November 13 is not a good day to park your car in Sherwood Road from late afternoon! It is going to be party central down there. You have been warned!

It really is a night of great family fun.

This year, to celebrate its 20th year, revellers are encouraged to come in fancy dress. There will be spot prizes for the best dressed!

**When:** November 13 from 5.30 pm until 9.30 pm.

**Where:** Sherwood Road, between Oxley Road and Hedges Street, Sherwood.

**Getting there:** the Sherwood train station is right at the end of the street, plus there is plenty of street parking in the surrounding area.

**Cost:** free entry, free rides, free entertainment.

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**UMAT Tutoring**

- 1 hour sessions
- Teaching of thought processes, strategies and the answer logic behind each question
- Working through of a large volume of practice questions
- Take-home material is also provided, including both practice questions and explanatory guides for each section in the UMAT
- Located in Westlake

For enquiries, please contact me on 33766287.

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**Chelmer Graceville Community Kindergarten**

OPEN DAY: Sat 21st Nov 2015
TIME: 11am – 1pm
New Exciting Operational Hours 2016!
MONDAY AND TUESDAY 8.30am - 4pm
6 DAY FORTNIGHT available subject to interest!
TRADITIONAL 5 DAY FORTNIGHT still available at the end of the week.

After overwhelming community feedback, Chelmer Station Community Kindergarten are thrilled to be offering new hours for 2016. We hope to provide a real alternative to the usual 5 day fortnight and give more families the opportunity to enjoy all that our inclusive, diverse community kindergarten can offer.

- The Little Red Caboose Group will attend Monday & Tuesday each week from 8.30am to 4.00pm.

- The Puffer Train Group will continue with a five day fortnight on Thursday, Friday and alternate Wednesdays 8.30am to 2.30pm.

- We are also hoping to offer a self-funded additional day per fortnight on the alternate Wednesday from 8.30am to 2.30pm (this will be subject to enough interest).

- Providing a set two day week, or the possibility of a set three day week, could give families with working parents or those juggling busy weekly commitments, the stability of a constant schedule.

In addition to this, we are excited to be making plans for a new Chelmer Station Kindy Playgroup, for parents and carers to enjoy with children who might be too young to join the kindergarten program. The
playgroup aims to provide an opportunity for children to become familiar with the Chelmer Station Kindy environment, and to get to know the educators and their future classmates. Call us to find out more…

If you would like to enrol for 2016, add your child's name to our waitlist, or if you require any further information, please call 3278 1327 or visit www.chelmerstationkindy.com.au.

Nappies needed!
Any size, any brand, any number.

We had a fantastic response when CTK contributed 1096 nappies to The Nappy Collective back in May and now it is on again. Do you have any unused disposable nappies taking up space in your cupboards? Perhaps your children are now using the next size up? Or perhaps your children have grown out of nappies completely and you would still like to help mothers and children in need?

The Nappy Collective is a volunteer group who collect unused nappies and distribute them to organisations around Australia who assist women and children in crisis, usually those escaping from a situation of family violence. Our donations, however small, enable these organisations to use their funds to help women and children in other ways.
A collection box will be at the CTK office until Thursday October 29 for any donations you may have. The nappies do not have to be in the original packaging, but they do need to be clean! A handful of leftover nappies may not seem like much to us, but every single donation to the collective will help another mum somewhere.

This is a very practical, simple and effective way that we can all make a difference to families in need, so please, clear out your cupboards, or add a pack of nappies to your supermarket trolley (newborn and crawler are the most needed sizes).

For more information visit http://www.thenappycollective.com/ or see Miss Cunningham. Many thanks for your donations.

**Corinda State High School – Golden Opportunity Learning Days**
The final primary school student workshop hosted at Corinda SHS is fast approaching! This event is called, ‘The City of Tomorrow’ and it involves the development of a city model over a period of two days with our internationally recognised model expert – Mr Stephen Thrum. Mr Thrum, recently returned from NASA with Corinda SHS students, will guide your child through the process of model design and construction skills to culminate in the development of a full city model at the completion of the two days.
Date: Thursday November 5 and Friday November 6 2015, 8.30am to 2.50pm
Place: Corinda SHS
Cost: $40 to cover materials
For more information and to register: Erin Hudson, echud0@eq.edu.au or 33790214